

Faith in Action



Emmaus Community co-priors the Rev. Meagan Crosby-Shearer and the Rev. Rob Crosby-Shearer sample their first batch of beer while brew mentor, the Rev. Craig Hiebert (St Mary the Virgin, Oak Bay) looks on. Photo: Rob Crosby-Shearer

The Emmaus Community Brewing in Apostolic Succession

By Rob Crosby-Shearer

Monastic brewing is said to have started as early as the 6th century and was considered a lifeline during times of water-borne epidemics. St. Benedict, a founder of Western Monasticism encouraged his abbeys to contribute to their local economy with craft labour and gardening. More recently, Trappist monks have been renowned for their fine beers, cheeses, breads and wines. Benedictine monks as close as Mount Angel Abbey near Portland also brew their own beers.

In this spirit, The Emmaus Community, a Victoria-based neo-monastic community and emerging ministry in the Anglican Diocese of British Columbia, whose members follow a Rule of Life and take vows of prayer, presence and simplicity, has been exploring a beverage micro-industry as a way to help sustain their ministries.

This summer, with assistance from both the Anglican and United churches, Emmaus launched the Abbey Beverage Collective.

The Rev. Rob Crosby-Shearer, Emmaus' elected co-prior, holds a traditional Belgian beer chalice in his hand as he notes, "The Brewing Collective is not just about beer! It's about beverages of all sorts." Non-alcoholic cordials and kombucha teas are among the drinks that Emmaus community members, led by co-prior Marilyn Gough, have been experimenting with.

Last June, the community brewed its first test batch of St. Alban's Ale—a Belgian-inspired Trappist-style Tripel Strong Ale which came to maturity on the feast of St. Alban the Martyr.

The Rev. Craig Hiebert, Incumbent at St. Mary the Virgin, Oak Bay and a seasoned brewer himself, has been mentoring Emmaus in developing the test brews which will, in addition to the non-alcoholic beverages, include a lighter Wit beer and possibly even a seasonal St. Nicholas Cherry Punch Ale (note: St. Nicholas was reported to have punched Arius at the council of Constantinople in 325AD).

In order to be an authentic Trappist beer, beverages have traditionally been brewed by monks with all profit going back to the monastic community and the beer must reflect a monastic ethos; it must be brewed with a spirit of contemplative prayer and with respect to the local ecology and economy.

"Though we're not traditional monks or Trappists, we do hope to brew in this same countercultural spirit" says Crosby-Shearer. "Our tagline for our beers and fermented teas is 'Brewed in Apostolic Succession.' With this we acknowledge that we are a part of a long lineage of craft-labour which has supported an apostolic life of Christian witness with the work of our hands."

Emmaus is now working to acquire all the equipment they need to launch the brewing collective and are seeking \$8,000 in donations to get their 'nano-brewery' off the ground.

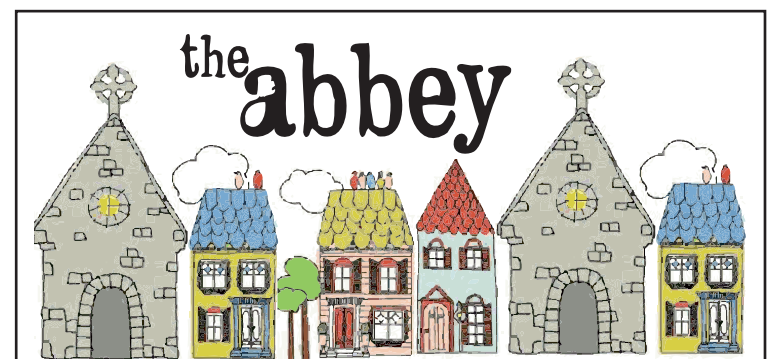
"Right now we're just at a testing stage. There's still a lot of work to do around acquiring and setting

up our equipment, perfecting our beverages, getting licensing and then creating a market. We're really at the start of this audacious experiment," says Crosby-Shearer.

People wishing to support the ministries of the Emmaus Community can send a donation to Emmaus Community #2- 1702 Belmont Ave. Victoria BC V8R3Z1 (Cheques made out to "The

Emmaus Community"). Look for the "Beverage Collective" online at emmauscommunity.ca or email info@emmauscommunity.ca for more information.

Rob, his partner Meagan and their two children Zion and Ayan live and work in the Fernwood neighbourhood of Victoria.



Ancient-Future Worship Encountering the Sacred in the City with weekly children's program

Sundays @ 4pm • 1923 Fernwood Rd.
Except the last of the Month: Supper Church
4pm at 1702 Belmont Ave. Victoria, BC

info@abbeychurch.ca www.abbeychurch.ca
250-208-7296

An emerging worshipping community which is a ministry of the Emmaus Community: a shared ministry of the Anglican Diocese of BC and Victoria Presbytery, United Church of Canada.

Bishop Calls for the Year of Reconciliation



Photo: Diocesan Post

Bishop Logan Writes

"I have walked that long road to freedom. I have tried not to falter; I have made missteps along the way. But I have discovered the secret that after climbing a great hill, one only finds that there are many more hills to climb. I have taken a moment here to rest, to steal a view of the glorious vista

that surrounds me, to look back on the distance I have come. But I can only rest for a moment, for with freedom comes responsibilities, and I dare not linger, for my long walk is not ended."—Nelson Mandela

Our walk, as a diocese, on the journey of reconciliation is not over. I believe we are called to continue that journey, learn from the journey and be transformed by the journey. I am therefore calling the diocese into a year-long examination of reconciliation.

The journey will begin on Advent 1 2016 (November 27, 2016) and finish on the Reign of Christ Sunday 2017 (November 26, 2016). We will continue our journey with the First People and examine what reconciliation

means and looks like with them. We will also look at reconciliation in our congregations, in our homes and in our personal lives.

Paul, in his letter to the church in Corinth, reminds us that God was reconciling the world to himself in Christ (2 Corinthians 5:19). He also says that God has given us the ministry of reconciliation.

Over the next year, I hope that we will have opportunity for learning and being open to experiences that will shape us as ministers of reconciliation. If you have any suggestions as to how this might happen for you, your parish or your region I would be very open to hearing from you.

Our 2017 diocesan conference and the clergy conference will focus us on reconciliation. I also

envison a pilgrimage somewhere in our diocese that will be open to all to participate in as a personal act of reconciliation.

At a time when the world and political leadership are becoming more and more fragmented, our call is to walk together and be one regardless of our different views of the world and faith.

Our diocesan vision calls us to be involved in faith formation. "We are called as individuals and congregations to learn the disciplines and skills that help us define ourselves, engage each other in non-anxious interaction, and maintain emotional contact even when we disagree."—John Paul Lederach, *Reconcile: Conflict Transformation for Ordinary Christians*.

I am calling us to ask the question, how does becoming ministers of reconciliation shape our liturgy, how is it shaping our youth and other lay and ordained leadership in the diocese? I am excited to see what God will do with and through us in these areas.

In a world that is constantly looking for retribution, our witness in Christ must be centred on forgiveness.

So please begin to pray and be attentive to scripture and the conversations that are taking place on a local and global level. What is God calling us as the people of this diocese to be and do on this journey of reconciliation?

Not-for-Profit Organization Provides Mental Health Support to Newcomers

By Adrienne Carter, Linda McLagan, Marlie Manning, Soraya Centeno

The mission of the Vancouver Island Counselling Centre for Immigrants & Refugees (CCIR) is to provide counselling support for our newest Canadians who have suffered unimaginable losses or have survived the traumas of war and torture.

Founded in September, 2015 under the supportive umbrella

of the Victoria Immigrant and Refugee Community Services (VIRCS), the centre became independently registered as a not-for-profit society in BC earlier this year. The centre is located at St. Peter's Anglican Church, Lakehill.

CCIR consists of a professional team of twenty-five clinicians and a group of translators, all of whom are offering their services pro-bono. As well, and with great pleasure, we

have been able to offer a wide range of training to mental health teams, Vancouver Island Health, the school districts, the Inter Cultural Association (ICA), Victoria Immigrant and Refugee Community Services (VIRCS) and others. We offer on-going training and professional supervision for our clinicians and support for private sponsorship groups.

Our little agency is now led by four individuals, who are hard

at work providing service to our growing client base and creating a solid organizational structure.

CCIR wishes to thank the Reverend Matthew Brown, Parish Council and all members of the Two Saints Parish, for the warm welcome, encouragement and support.

Because we are a very new organization there are still many areas where we need help. We are currently applying for a

charitable society designation, and we are building both our board of directors and advisory board. We need supporters who have legal expertise, accountants and bookkeepers, people who have experience with running charitable organizations, fundraisers and people connected to academia. If you are interested in learning more please contact us at 250-999-8170 or info@ccfir.ca or visit us online at CCFIR.ca.

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Submissions

News, letters and other articles are welcome. Please limit articles to 500 words and letters to 200 words. Submissions must include name and contact information of the author.

Pictures must be a resolution of 300 DPI and in sharp focus. Clearly and accurately identify the name of all subjects as well as the person who took the picture.

New Submission Deadlines

January issue - November 28
 February issue - December 28
 March issue - January 28
 April issue - February 28
 May issue - March 28
 June issue - April 28
 September issue - July 28
 October issue - August 28
 November issue - September 28
 December issue - October 28

All material is subject to editing.

Volume 50, No 9

An Invitation to Be Stewards of Creation

By Wally Eamer

“Be the change you wish to see in the world” is a well-known saying attributed to Mahatma Gandhi, but the actual quote from Gandhi this saying is taken from is, “We but mirror the world. All the tendencies present in the outer world are to be found in the world of our body. If we could change ourselves, the tendencies in the world would also change. As a man changes his own nature, so does the attitude of the world change towards him. This is the divine

mystery supreme. A wonderful thing it is and the source of our happiness. We need not wait to see what others do.”

When, not if, Vancouver Island is more ecologically conscious, we will be fixing climate change, living full lives of deceptive simplicity, and safeguarding the glorious creation in the land and sea surrounding us. We Anglicans of Creation Matters are learning/changing/living to be better stewards of creation. If God is calling you to be a better steward, join us.

More than half the fun is that when we do figure something out, we can try it first. Our approach is ‘follow us’ not ‘shame on you’. We are going out two-by-two to explore elegant frugality as a better way than conspicuous consumption, to help people understand climate change and the Anthropocene age, and many other things besides. Creation Matters supports Anglicans to be successful in their environmental call.

Check out our discussions, information and fun on our

Facebook page by searching for Creation Matters Diocese of British Columbia and visit bc.anglican.ca for more information.

Want to get involved? Join parts or all of a Creation Matters meeting of special interest to you in person or by telephone; we’re trying to fix climate change, not add to it by driving all over Vancouver Island for a good cause. The co-chairs use the now ancient technology of email: the Rev. Wally Eamer wallyeamer@gmail.com and Geoff Strong

geoff.strong@shaw.ca.

Wally Eamer was born in Nanaimo, grew up in Port Renfrew and Ladysmith, and became a Christian in Honduras. He was ordained a deacon in 2008. Since 2002, he has worked on developing the Great Bear Rainforest agreements with the province and Nanwakolas First Nations.

St. Barnabas Church

2016/17 programs

Special Programs Fall 2016

Friday, Nov. 11, 5 pm ST MARTIN'S DAY LANTERN PARADE

Celebrate Saint Martin of Tours with a short performance in the church about the life of the Saint followed by the lantern walk through the neighbourhood. We will return to the church where we will enjoy freshly-baked pretzels and hot apple cider around a bonfire. Donations of warm, dark men's socks for Our Place will be gratefully accepted.

Ongoing Programs 2016/17

Saturday, Nov. 28: 5 and 6:30 pm ADVENT SPIRAL

Mark the beginning of Advent and the coming of the Light through story and walking a meditative labyrinth of evergreen boughs. Sessions for children & families as well as for adults. Pre-registration is required.

THE RIVER Every Wednesday 10:00-11:30.

A Waldorf-inspired playgroup for children aged 0-5 and their caregivers. A snack is included. Entry is free (donations are welcome).

SUNDAY SANCTUARY 1st Sundays: Oct. 2 & Nov. 6, 4 pm.

Our monthly family centered service with wonderful music, hands on activities and quiet time to take a breath before the new week starts.

HEALING SERVICE WITH EUCHARIST 1st Wednesdays, 7 pm.

An opportunity for either anointing or laying on of hands within the setting of the Mass. To be healed is to be restored wherever we experience brokenness in our lives.

CANDLELIGHT COMPLINE 3rd Sundays, 8 pm.

Compline means "complete," and this is the traditional monastic service that completes the day's cycle of prayer. Compline offers a time of meditative quiet and monastic chant.

1525 Belmont Street, Victoria
www.stbarnabaschurch.ca
 250-595-4324



St Luke's Church Christmas Bazaar and Tea

Saturday, November 19
10 am to 2 pm
3821 Cedar Hill Cross Road

Featuring:

- Antiques and Collectibles
- Jewellery • Needlework
- Crafts • Baking • Jams • Books
- Toys • White Elephant and more!

Lunch is available and admission is free.

JOIN US FOR AN OLD-FASHIONED CHRISTMAS FAIR

St. Mary's Anglican Church
2600 Powder Pt. Rd,
Nanoose Bay
Saturday, November 26
10am-3pm

GREAT GIFTS FOR ALL AGES

Soup luncheon
Crafts, Baking, Theme Baskets,
Books, Gifts from the Garden,
Jewelry, Attic Treasures and
Silent Auction

stmarysnb.org

ST. MICHAEL AND ALL ANGELS' CHURCH ANNUAL CHRISTMAS SALE

4733 West Saanich Road
Saturday, November 19, 10am-1pm

Featuring quality and vintage Christmas-themed items including home-baking, decorations, lighting, jewellery and much more.

Enjoy a lunch of freshly made sausage rolls with home-made relish and baked goods.



Info: st.mikevictoria.ca
or Lenore English at
englishres@shaw.ca

Connections between Climate, Civil Conflict, Refugees and International Aid

PWRDF Corner

By Geoff Strong

The capabilities of Non-Governmental Organizations (NGOs) such as Primates World Relief and Development Fund (PWRDF) to provide emergency relief and development aid are slowly being overwhelmed by demand in sub-tropical regions. This is largely due to massive numbers of people now in

Sudan (Jul 21), and \$30K to a Uganda camp (Aug 12).

Sahel countries and Syria have lost most of their agricultural capabilities through desertification of their lands, resulting largely from expansion of the sub-tropical deserts with global warming. Desertification is widespread over the Sahel region of Africa because of the encroaching southward expansion of the

large social migrations, usually to cities, overcrowding, social and economic conflict, and eventually violence; the latter often attracts paramilitary groups and gangs, then harsh government intervention, often leading to civil war. This happened in the Sahel over the past 30 years, with civil wars in Sierra Leone, Mali, Nigeria, the Sudan, Somalia, Eritrea, and South Sudan, and it occurred in Syria between 2006 and



Photo: PWRDF



Photo: PWRDF

refugee camps, especially in countries south of the African Sahel and in those surrounding Syria. Some of the Sahel and Syrian refugee camps supported by PWRDF this past year include \$30,000 (\$30K) each to Iraq and Central African Republic (Dec 22), \$300K for refugees in Syria, Lebanon, and Jordan (Jan 20), \$40K for Ethiopian drought (Apr 28), \$30K for both Syrian and Sahel refugees in Egypt (Jun 15), \$20K for refugees in South

Sahara Desert, in Syria from the northward-expanding Arabian desert, as well as in southeast Africa (Mozambique, Zimbabwe, Swaziland) from the spreading Kalahari Desert. Other sub-tropical regions of the globe will surely follow suit in coming decades. The common pattern that follows such desertification starts with fierce competition for remaining arable land and potable water, failed crops and starvation,

2011 when their civil war started. The refugee problems follow from war. All of these countries previously had viable agricultural economies.

Syria now lies in total economic, educational, cultural and physical ruin, with more than 20 million and gang groups running amok. Eleven million Syrians have been displaced from their homes within Syria, a further five million have fled to refugee camps in nearby Turkey, Iraq, Jordan, Lebanon, and Egypt. Refugees in the camps are supported largely through international aid efforts by the United Nations and NGOs such as PWRDF, but as the Syrian civil war rages on, the numbers increase and demands now outstrip the capabilities of the NGOs. The western press invariably attributes such conflicts to religious, racial and cultural strife, together with terrorists, conveniently ignoring the root cause in the sub-tropics—climate change.

Tens of thousands of refugees from Sahel countries and from Syria have risked their lives

crossing deserts on foot and embarking on dangerously overcrowded boats and ships in attempts to reach safety in Europe, with thousands losing their lives when these craft flounder in heavy seas. These refugees are very desperate people seeking only safety and food security for their families.

Most sub-tropical countries lack industrial bases and have not been heavy users of fossil fuels, nor have they caused the desertification of their countries. That problem can be traced mainly to mid-latitude industrial countries; the heaviest users of fossil fuels.

This presents an ethical problem and lends strong support to why the church needs to be more vocal on climate change and should be included in discussions.

If the worst effects of global warming cannot be reversed, then most of the sub-tropics, where some four billion people live, could become uninhabitable in this century. Imagine billions of people attempting to emigrate northward to Europe and North America, and the chaos that would follow. It is this line of reasoning that prompted Pope Francis to appeal to all the world with his controversial encyclical called *Laudato Si'*. Are we prepared to follow that lead?

Visit the PWRDF website at pwrdf.org for more information on its programs. If you would like a presentation on PWRDF in your parish, ask your parish incumbent to contact the PWRDF diocesan

representative, Geoff Strong; he can be reached at geoff.strong@shaw.ca or 250-710-8011.

Geoff Strong has been an atmospheric scientist for 50 years, and much of his 15 years of retirement have been devoted to PWRDF and to public education on the human impacts of pollution and climate change.

Fragments

By Joanna M. Weston

the desert gave my father
hard sky over moving sand
instead of peace-time
vineyards and summer sun

under the artillery
of El Alamein
he found himself leached
by dunes and guns
alive by grace
from Tel-el-Eisa
here he viewed life
in small pictures –
a soldier
sang of orchids

wire twisted
a telephone pole
to crucifixion

a broken wall
for shelter -

poetry a luxury of time
when words slipped out
gritty and thin
exploding
sand and shrapnel
to portray
the inexplicable
to his daughter



Photo: PWRDF

Faith in Formation

Threshold Housing Opens New House for Vulnerable Youth

By Mark Muldoon and Jo-Ann Roberts

The Threshold Housing Society is proud to announce the opening of Threshold House, its fourth transitional house for youth at risk of becoming homeless.

The new house has been made available through a leasing agreement with the Oak Bay

United Church. Formerly the Easter Seals House, Threshold House contains self-contained units with a large common area, kitchen and gardens. The house opened its doors September 1 and it is currently full.

In the present real estate climate of Greater Victoria, finding safe housing for at-risk youth has been a challenge for Threshold.

Holding to the philosophy that “small is beautiful,” the society has tried over the years to provide vulnerable youth with as close to a home environment as possible. The goal is always to provide a safe and secure location for youth to stabilize, become focused and move forward supported by positive role models and mentors.

To help cover the costs of opening the new house, Threshold Housing launched the 100 Doors of Opportunity Campaign earlier this year. The campaign goal is to sign-up 100 individuals or groups (parishes, religious orders, sports groups, high schools, and associations) willing to donate \$1,000 towards each room in the new house. To date the campaign has raised

\$90,000 leaving \$10,000 yet to be raised. If you wish to help at-risk youth in the region go to thresholdhousing.ca and click on 100 Doors or contact Jo-Ann directly at advancement@thresholdhousing.ca or 250-383-8830.



Board Update

Threshold is happy to announce the appointment of the Rev. Gillian Hoyer to its board of directors.

Rev. Hoyer has a MA in counselling and has worked for the Victoria Cool Aid Society and the Canadian Mental Health

Association, providing counselling to clients dealing with a variety of different kinds of traumas, mental illness and substance abuse, as well as housing support and advocacy.

Hoyer is also member of the board of directors of the Primate's World Relief and Development Fund. Over the years,

she has had the opportunity to visit with partners in Kenya (through the Canadian Food Grains Bank and World Renew), in South Africa, and in El Salvador. Before joining Threshold Housing, Hoyer spent four years on the PWRDF Youth Council and is currently serving as curate at St. John the Divine Anglican Church in Victoria.

Photo: Mark Muldoon

The Most Faithful and Active Parishioner Might Be the One You Never Welcomed In



Shirley Siteman. Photo: Martha Massey

By Martha Massey

Over twenty years ago my friend moved to Langford to begin

a new job. God had provided accommodation and now she wanted to find a church home. For a few Sundays she visited worship at various Anglican churches, staying for coffee afterward to see what the people were like. The day she attended St. Mary of the Incarnation Anglican church in Metchosin, something was different. People spoke with her at coffee time, and as she was about to leave someone asked, “Will we

see you again next week?” Of all the congregations she had visited, this was the first invitation to come back, and she came back and stayed.

Over the years, she helped with all sorts of parish projects and served on parish council and as warden. Everyone knew that if something needed to be done, she'd get it done. She was also an active member of the Cursillo

community where she served in many roles, most recently as lay director.

One time she told me she wasn't looking for big miracles in her life, just little miracles, “A little miracle every day...baby steps for the kingdom of God.”

Shirley Siteman died on Thanksgiving Day in 2015. In her memory the church of St. Mary

dedicated a bench on August 14, 2016.

How will you know if the newcomer, the visitor, in your congregation is a saint, or an angel, or Christ? Invite the person into your midst.

Martha Massey lives in Courtney and is a parishioner of St Peter Anglican Church, Campbell River.



Spirituality Without Borders bethlehem centre

Nestled amongst tall trees on Westwood Lake at the foot of Mount Benson on Vancouver Island, the Centre provides a peaceful and serene environment for exploring your spiritual path.

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2371 Arbot Road, Nanaimo, BC V9R 6S9 • T: 250-754-3254
info@bethlehemcentre.com • www.bethlehemcentre.com



A Short Course In Christian Living

By Wayne D. Hatt

What is Cursillo? "Cursillo" is a Spanish word meaning "short course." The three-day weekend is simply a short course in Christian living. It started in the Catholic Church in Spain about 60 years ago and has spread all over the world and to several denominations.

Cursillo equips Christians to minister. It offers participants an opportunity to deepen their discipleship through prayer and learning about the faith. And for some, it is a turning point in their journey in Christ, which leads to a more active participation in the apostolic ministry of our Lord.

One of the strengths of the Cursillo weekend is that it meets each person where they are in their personal journey towards knowing and loving the Lord more.

The basic format of the weekend is as follows:

- It starts on a Thursday evening and ends on Sunday afternoon.
- Individuals who attend the weekend are both candidates and team members.
- You sit together in groups during the talks and remain in those groups throughout the weekend.
- There are a number of services, including Eucharist, Morning and Evening Prayer, as well as other worship times.
- There is a lot of singing and music.
- There is time allotted to speak with Spiritual Directors.
- Finally, there are lots of meals and snacks, so no one goes hungry.

Day One

From Thursday evening to Friday evening we are invited to look at ourselves.

We look at how we spend our time, treasure and talents—the three Ts and examine our values and determine if they are Christian values. We learn about God's grace and how, as lay people, we can accept that Grace and use it to further the kingdom today.

We learn about faith and how it can change things for us and for others.

The day closes with a service of reconciliation—an opportunity to give our burdens to God and in so doing become free to discern God's will for us.

Day Two

On Saturday, we examine our relationship with Jesus and the tools we need to strengthen that relationship. The first of these tools is study and we are invited to study, both holy scripture and books that interpret and

explain scripture. We also can study God's intentions through the works of others through art, music and drama.

The second tool is the sacraments. During the weekend we experience the sacraments of reconciliation, healing and Eucharist and renew our baptismal vows. God meets us in these sacraments both individually and as a community.

The third tool is prayer which is preparation time, a moment when we invite God into our lives and ask God to help us. During the weekend there is opportunity for both personal and group prayer.

Later in the day, we discuss how to use these tools as action for Christ and what obstacles stand in the way of this action. We end with a call to be leaders in our own communities.

Day Three

On Sunday we move away from ourselves and look at how we can work in community. We look at the environments within which we live, work, play and worship, and examine how we might change those environments. How can we win people's hearts so that they too want to be like Jesus?

In all that we do in a Cursillo weekend we are discerning a way to live a Christian life and how a community of faith, like this one, can help us do that.

For more information about the Cursillo community in the Diocese of British Columbia visit us online at cursillobc.com.

Wayne Hatt is the rector of the 2016 co-ed Cursillo weekend and the deputy people's warden for St. Andrew's Anglican Church in Sidney.

Advent Concert Series Four musical periods presented by four gifted organists
 Wednesdays 12:10pm-12:50pm

Nov. 23 Baroque Music Warren Steck	Nov. 30 Classical Style Jim Hill	Dec. 7 Romantic Period Frances & Lanny Pollet	Dec. 14 20th Century Curt Bergen
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Admission by donation. Bring your lunch, tea & coffee provided. Proceeds to benefit The Hospice Bereavement Fund.
 St. Mary the Virgin Anglican Church 1701 Elgin Rd. 250-598-2212

CALLING ALL JOURNALISTS! The Diocesan Post is looking for a new editor

ARE YOU A JOURNALISM STUDENT? A RETIRED JOURNALIST? SOMEONE WHO ALWAYS WANTED TO BE A JOURNALIST?

As the official newspaper of the Anglican Diocese of British Columbia, the *Diocesan Post* plays an important role in helping build up the body of Christ on these islands and inlets.

REQUIREMENTS
 We are seeking someone with a love of the written word and the Anglican Church of Canada as reflected in the people of this diocese, and a desire to help spread the good news about how God is working in and through them on these islands and inlets.

ADDITIONALLY, WE ARE LOOKING FOR

- A proficiency in Microsoft Word
- Strong structural and copy editing skills (experience editing to Canadian Press Style preferred)
- A journalist's eagerness to seek out the stories that matter to our readers
- A basic understanding of layout and design process
- Experience with Adobe InDesign and Photoshop CS5 an asset
- Experience working with writers and their manuscripts an asset
- An ability to work to tight monthly deadlines

For a complete job posting visit bc.anglican.ca/the-diocesan-post

Christ Church Cathedral
CHRISTMAS BAZAAR
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SATURDAY, NOVEMBER 19
11a.m. - 3p.m.
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"The City's Cathedral" www.christchurchcathedral.bc.ca

Quadra@Rockland
 Victoria, BC
 250 383 2714

CHRIST CHURCH CATHEDRAL
"The City's Cathedral"

NOVEMBER HIGHLIGHTS AT THE CATHEDRAL

CAPRICCIO VOCAL ENSEMBLE How They So Softly Rest	Friday, November 11 at 2.00 p.m.
MUSICAL OPEN HOUSE for St. Cecilia's Day	Saturday, November 19, starting at 9.30 a.m. in the Nave
CHRISTMAS BAZAAR, Luncheon & Silent Auction	Saturday, November 19, from 11.00 a.m. to 3.00 p.m. at CCC School
ADVENT CAROL SERVICE	Sunday, November 27 at 4.00 p.m.
SERVICE to MARK the 40th Anniversary of the Ordination of Women	Wednesday, November 30 at 3.30 p.m.

Quadra @ Rockland, Victoria BC, 250.383.2714 www.christchurchcathedral.bc.ca

Body & Soul: Some Passing Thoughts

By Elizabeth Griffin

In the spring of 2016, St. Michael & All Angels' Anglican Church, Royal Oak, ran a two-day course on the practical, legal and spiritual aspects of final illness and death. The talks were rich in information and advice, and we hope that this brief report will be as valuable to the community as the course was to the participants.

A relative or friend is terminally ill. Much needs to be thought through and planned, so that your energy can be available to handle matters as they evolve, relieved of legal and other formalities. What do you need to find out? What preparations should be considered?

These were some of the questions which five professionals:

Suzanne Grant (Horne Coupar), Bill Buckley (CARE Services), Peter Shurvin (Jubilee Hospital chaplain), Arnold Porter (Victoria Hospice counsellor) and Dawna Wall (St. Michael's rector) addressed during a two-afternoon course which the parish education committee organized for 30 attendees.

The many legal tools to handle all the eventualities, from managing an illness to managing an estate, sound complex and daunting, but contain the same straightforward advice: set things up well in advance. If the central figure is able to be included in discussions, the options for managing both estate and personal goods become clearer, and wishes can be adhered to. Choosing the right power of attorney and executor, and making a will (maybe adding

a Do Not Resuscitate (DNR) clause), can set the mind at rest and enable the ending of a life (and subsequent adjustments) to be the more dignified.

Nowadays there are numerous options for palliative care for the terminally ill. Hospice has replaced the morbidity that shrouded the geriatric ward, offering atmospheres of light, love and warmth—places for meeting as well as for parting.

Modern funeral arrangements can sound confusing when the full range of choices is explored. Like it or not, funerals have become something of an industry, the rituals growing more elaborate with time. Caskets can be made of any wood material, from stout cardboard to polished cherry, and although pall-bearing is becoming a dying trade (the

ratio of burials to cremations has fallen from 90% to 10% in Victoria in recent decades), the management of a cremation with seemingly attendance to detail can still be expensive, and budgets may need to be adjusted to suit wishes. Embalming is an option (and if air transport is used, the airline will insist). Foremost, the funeral (with the body present) or memorial service (usually for a cremation) will concentrate on the human side—feelings, inclusiveness, honour, dignity and (above all) respect. The “best” funerals harmonize those essentials, making space for laughter as well as tears, for sharing memories, and including people of all ages. If the deceased had directed “No funeral” and the family is uncomfortable with that, a memorial service can provide valuable closure. Grief, though, cannot be handled in

any textbook way. Its strength and depth vary hugely from person to person, depending on the depth of a relationship, and on the web of support that is helping to shoulder it (though never replace it). However much advanced warning one gets, the ending is final and lives have to be reconstructed after our loved ones are gone.

One day the central figures will be ourselves. If we want “things” to be done in a special way, it is our prerogative to communicate the choices so that they can be acted upon when the time comes.

Elizabeth Griffin (a research astronomer at the Observatory just outside Victoria), is a member of St Michael & All Angels' Church at Royal Oak, and also a member of the church choir.

The Bicycle Man



Reflections

By Herbert O'Driscoll

There is an old hymn, rather out of fashion now, that tells a great truth. It tells us that saints do not merely live in stained glass windows, and that you can meet a saint anywhere and at any time. You just need to have an eye for one when you meet him or her.

The first time I met him he was stooped over a child's bicycle

expressing extreme frustration in a broad North Country (British) accent because whatever he was trying to fix simply refused to be fixed. Because we had just moved into the neighbourhood and because I had never met him, I immediately formed the impression that he was cantankerous and impatient, and judging by the look of his shop, untidy and inefficient. Over the years we lived there—the years of our children's early growing years—I would find that I was utterly mistaken. In fact, I would learn that the truth about him was exactly the opposite.

His hands were always oily, and no matter how assiduously he wiped them on an endless succession of grubby cloths, they stayed so. Meanwhile the cloths would turn up on counters, on the floor, or hanging out of his pockets.

He always looked as if he was far behind in the work he had taken

in. Bicycles of every size and condition and vintage seemed to accumulate endlessly. In time, I would find that this was mainly because he found it impossible to say no to small people who wanted their bicycles repaired and returned as soon as possible.

I learned that he had started this small business almost thirty years ago when he had returned from overseas and a war. He had seen bicycles, once the enthusiasm of only the very young in Canada, just beginning to become an adult hobby. He was a blunt man and he could indeed express impatience, but because he had become a kind of father figure in the community and was trusted as such, and—as I would learn first hand—because he was a genius at what he did, his impatience, even the odd grumble, was expected and understood and allowed. After all, some of the younger parents who brought their children had stood in the shop themselves as children.

Time passed and there came a day when he and I stood in the shop, just the two of us. It was an empty shell. All the stock was gone, the tools gathered up and in boxes, the benches against the wall. The building was coming down the following week. The entire block was being redeveloped so, rather than try to set up somewhere else, he had decided to retire. There wouldn't be any more Saturdays with broken chains, flat tires and seized gear shifts. No more glittering new bicycles would come ticking and gliding out of the downstairs stockroom to thrill a child. We talked for a while about the past, every moment of which he had enjoyed, and the future that he hoped would allow him some good years, and then we said goodbye.

A few years later I found myself conducting his funeral. It turned out that he had, as they say, a “heart.” I know that medical tomes give little credence to the phrase “a

broken heart,” but I think there is such a thing. I recall that he used old-fashioned terms for boys and girls. He would call them sonny and girlie. I am very glad our children and I knew him.

The last verse of that old hymn I mentioned says of saints that...

*They lived not only in ages past
There are hundreds of thousands still.*

The world is bright with the joyous saints

*Who love to do Jesus will,
You can meet them in school,
on the street, in a store,
in church, by the sea,
in the house next door.
They are saints of God
whether rich or poor,
And I mean to be one too.*

I've been trying for a long time without quite making it. But I'm glad I met one in a store.



150

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St Paul's Centre for Ministry Celebrates Grand Opening

By Phyllis Thompson

On September 18, 2016 St. Paul's Anglican Church in Nanaimo held an afternoon dedication ceremony and the official opening of its new centre for ministry. The centre began as an idea shared over a lunch in 2010 between the Venerable Brian Evans, rector of St. Paul's, and architect David Poiron of Checkwitch-Poiron, Inc., and developed through a three-year vision process into the eventual construction of a visually attractive and functional space which will become home for countless programs and services designed to reach out to the local community.

The emcee for the grand opening ceremony was Colin Sheen, chair of the parish's building committee. Snuneymuxw Elder, Lolly Good greeted everyone

and chanted a welcoming song. She also brought greetings from John Wesley, chief of the Snuneymuxw First Nation. It is on their traditional land that St. Paul's buildings sit. The Rt. Rev. Dr. Logan McMenamie also welcomed everyone, noting that St. Paul's is the heart of Nanaimo and since it was established in 1861 the parish has worked hard so strangers could become friends. With the new centre, he said, that openness and graciousness can continue into the future. The bishop also referenced the Peace Arch at the Canada-USA border which has on it inscribed the words, "dwelling in unity, children of a common mother." With this new centre, he went on to say, we are one family of a common creator.

Remarks were given by guests: Nanaimo city councillor, Ian



101 yr old Ted Carpenter cuts the ceremonial ribbon with Bishop Logan McMenamie while (L) Michael Priestly, Colin Sheen (emcee) and (R) Robert Williams look on.

Thorpe, MLA Leonard Krog, and representing MP Sheila Malcolmson was Hilary Eastmure, constituency assistant for the Nanaimo-Ladysmith riding. Each not only acknowledged and honoured St. Paul's vital history in the city, but congratulated the people of the parish for their efforts in this project.

Other guests were introduced and acknowledged for their involvement: the architect, the head of the construction firm, chairs of various parish committees during this period as well as Ian Bowman, grand master of the Masonic Grand Lodge of BC and the Yukon, which has had a long association with the parish. In a very special ceremony, Bowman and other Masonic officers "proved" the cornerstone with the use of

square, level and plumb line/bob. This done, Bishop Logan blessed both cornerstone and building with prayers reminding all present that Christ is our foundation and chief cornerstone, and asking that we continue to be joined together in unity of spirit around that stone and that the common effort that went into the construction of this centre

keep people living and working together in love.

Phyllis Thompson is a freelance writer. She and husband Claud retired to Nanaimo from Saskatoon. They are parishioners of St. Mary's Anglican Church, Nanoose Bay.

The ceremony at St. Paul's was preceded by a parade at 1:30pm which began at the Diana Krall Plaza downtown and processed up Commercial Street to the church grounds. Led by piper, the Rev. Bill Poppy who is deacon at St. Philip's Cedar, the parade included representatives of the RCMP, a colour party with the Nanaimo Scottish Army Cadets and the 205 Collishaw Air Cadet Squadron, the Rev. Justin Cheng, curate at St. Paul's, Archdeacon Brian Evans, rector of St. Paul's, the wardens of St. Paul's, Bishop Logan McMenamie, and members of the Grand Masonic Lodge of BC and Yukon.

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